

# How financial stress impacts your employees — and the bottom line

Whether they're worried about paying off debt, saving for retirement, keeping up with rising healthcare costs, or making a big-ticket purchase, your employees are stressed about financial matters — and the residual impacts of COVID-19 have only heightened their concerns. This financial stress, in turn, negatively impacts work performance and productivity.

# Financial concerns affect physical and mental well-being.



of stressed employees surveyed say financial worries have had a negative impact on their productivity.<sup>1</sup>



less productivity from workers with ongoing depression.<sup>2</sup>

### Money worries impact performance at work.



#### **DECREASED ENGAGEMENT**

**41%** say financial stress has severely/majorly impacted their productivity at work.<sup>1</sup>



#### LOWER PRODUCTIVITY

**35%** say financial stress has severely/majorly impacted their attendance at work.<sup>1</sup>

## The current environment is amplifying financial stress.



**61%** of full-time U.S. employees are concerned about some aspect of financial wellness as a result of the current market.<sup>3</sup>

#### Top 5 concerns:4

- Not having enough emergency savings
- 2 Uncertainty about how to invest
- 3 Cybersecurity and protection against fraud
- Lost income due to layoffs, pay cuts, or reduced hours
- 5 Not knowing how to manage finances



### What is the cost of poor financial wellness?<sup>5</sup>

Every year, employers lose **\$500 billion** due to:



#### LOST PRODUCTIVITY

**3.4 hours/week** are spent on money worries



#### HIGHER TURNOVER

**2.2x** more are likely to seek new job opportunities

#### **BOTTOM LINE?**

11% – 14% of total payroll expense is "lost" due to factors related to poor financial wellness

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- <sup>1</sup> 2022 PwC Employee Financial Wellness Survey.
- <sup>2</sup> American Psychiatric Association.
- 3 "US Benefits Trend Report 2022: Insights from the experts," NFP, https://www.nfp.com/Portals/25/Documents/USBTR/22\_USBenefitsTrendReport.pdf.
- <sup>4</sup> Lincoln Financial, Consumer Sentiment Tracking Study, July 1, 2020, to July 14, 2020.
- <sup>5</sup> Salary Finance, The Employer's Guide to Financial Wellness, 2019.



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